

MENTAL HEALTH REVIEW - DELIVERING PLEDGE 90

Caring Plymouth, 04 July 2013



BACKGROUND & PURPOSE

In May 2012 Plymouth City Council announced 100 pledges around the 10 priority areas identified in the Corporate Plan. Pledge 90 was to 'Conduct a wide ranging review of the adequacy of mental health service and support in the city alongside local mental health providers and charities'.

This paper sets out the methodology, review activity, and project plan to deliver Pledge 90.

METHODOLOGY

The review will be overseen by the Portfolio Holder for Public Health and Adult Social Care as delivery of this pledge is a central theme of caring Plymouth.

A Key Stakeholder Working Group will be established to lead the day to day implementation of the Review. This will include key representatives from PCC Joint Commissioning Team, PCC Office of the Director of Public Health and the NEW Devon Clinical Commissioning Group.

There is a large amount of existing data, documentation, and analysis already available to feed into the comprehensive and wide ranging review. This information will be mapped and updated to prevent duplication and maximise the efficiency and scope of the review. Some examples of the local documentation to be considered throughout the review include:

- Mental Health Needs Assessment 2012
- Plymouth Mental Health & Wellbeing Promotion Strategy 2011-2014
- Whole Life Whole Systems Mental Health Strategy for Plymouth 2013-2018
- Plymouth Joint Strategic Needs Assessment

The gaps in existing knowledge and information will be identified and new information gathering and analysis carried out to ensure the review is comprehensive and wide ranging.

The review will engage and involve the whole spectrum of stakeholders affected by mental health issues i.e. service users / carers, providers (specialist and universal), communities

CONTENT OF REVIEW - ACTIVITY

In order to successfully deliver the pledge and make recommendations for improving Mental Health Services the review will cover the following key areas.

Strategic Context

The review will include an overview of the national and local strategic context. This will demonstrate that the review is responding to key areas and priorities. Some of the key policies to be included are:

- No Health Without Mental Health (DH, February 2011)
- The Care Bill (May 2013)

- Preventing Suicide in England (DH, September 2012)
- Plymouth Health & Wellbeing Strategy (in development)
- NEW Devon CCG Mental Health Commissioning Plan (in development)
- Plymouth Fairness Commission
- Mental Health for Veterans – Local Plymouth Review

Needs Assessment

Officers will develop a comprehensive assessment of mental health needs. This will ensure a clear picture of the population and prevalence of mental health issues within Plymouth's communities, as well as identifying protective and risk factors.

The comprehensive Mental Health Needs Assessment that was completed in 2012 will be refreshed and updated to ensure it remains relevant and accurate.

Supply Map

A detailed supply map of all service provision within the City will form a crucial part of the review. This will include an understanding of the contract values of each service broken down by types of provision. The supply map will explore the whole support pathway from universal & preventative services to specialist and acute provision.

Existing resources available to support supply mapping:

- The Mental Health Needs Assessment - this identified 238 services in Plymouth provided support to people with mental health issues
- Plymouth City Council Contract Register
- Clinical Commissioning Group – Contract Register
- Plymouth Online Directory - this online 'market place' holds large amounts of information on the current services available to people with mental health problems
- Plymouth Mental Health Provider Network – an open network bringing together providers working with mental health clients was established in 2008. This provides a wealth of information and knowledge on the services, systems, and pathways available to people in Plymouth.

Performance

The review will include a complete and critical analysis of all performance information in relation to mental health outcomes. This will identify the impact that our services are having on the mental health and wellbeing of individuals and communities in Plymouth.

Local data is available and comprehensive but will require joint interrogation across commissioners. This review will provide the opportunity to combine information for the first time and create a comprehensive picture of the interdependencies across services and identify what is and isn't working well across the whole system.

Existing resources available to support performance assessment:

- Local contract monitoring and performance reporting
- National Data (Outcome Framework Indicators, Community Mental Health Profiles)

Service User & Carer Views

Plymouth has a well-established and proactive mental health service user and carer group called Plymouth Involvement and Participation Service (PIPS). PIPS is closely aligned to Healthwatch, ensuring that the wider community is also represented in any feedback and work they do.

This review will commission PIPS to lead a process of gathering service user and carer feedback on mental health services. This arrangement, which will be led by services users, will create a genuine ethos of meaningful feedback and consultation owned by the community themselves.

Other existing resources available to collate service user feedback:

- National and local patient and carer Surveys
- Contract and quality monitoring
- Local mental health strategy consultations

Community & Stakeholder Views

The review will gather stakeholder views and experiences. This will collate existing information and feedback (gathered over time through contract monitoring, local forums) and a series of engagement events. The key stakeholders we will engage include:

- Plymouth Mental Health Provider Network – a comprehensive network of small and large providers / charities that work with people who have mental health issues.
- Mental Health Strategic and Quality Improvement Partnership (MH SQIP)
- Specialist Mental Health Provider (PCH CIC)
- Local Community Groups and Forums
- Plymouth Consultation Portal
- Key Statutory Partners e.g. Police, Probation, CCG, Adult Social Care

Recommendation

The Caring Plymouth Panel is asked to –

1. Support the review methodology as set out in the paper and make recommendations for improvement where appropriate;
2. Receive draft findings and recommendations of the review at its meeting of the 14 November 2013

TIMESCALE AND PROJECT PLAN

The review will start in July 2013 and be concluded by December 2013 in order to inform future commissioning decisions.

The review will form part of 'Caring Plymouth' work programme for 2013 with the aim of a Draft Review tabled at the Caring Plymouth meeting on 14 November 2013.